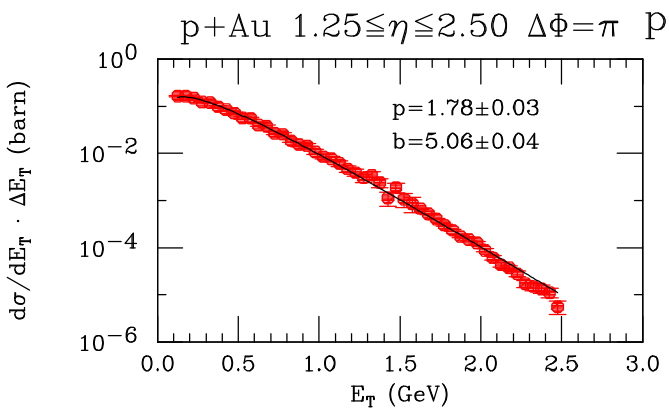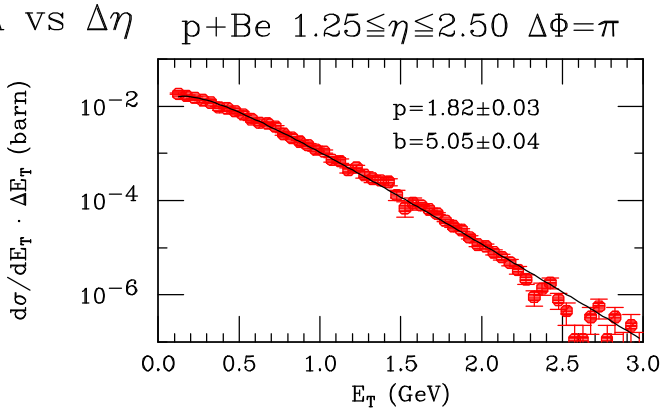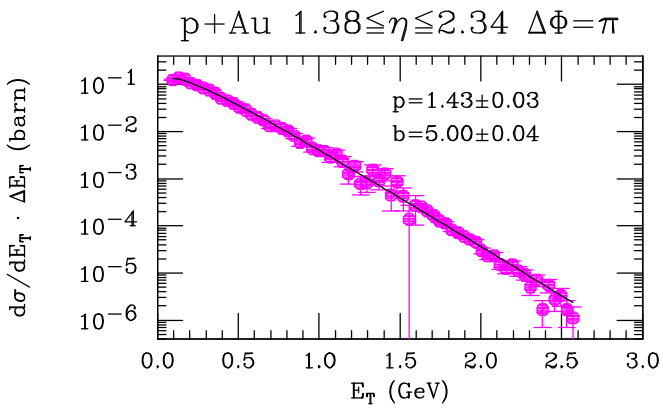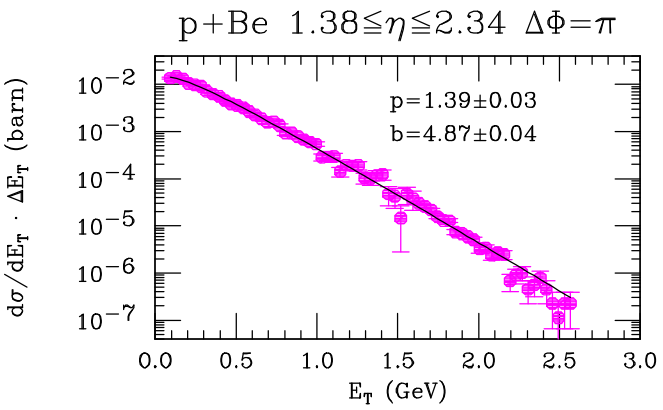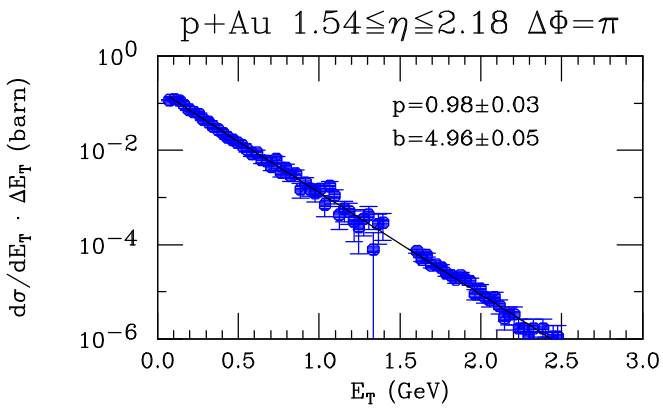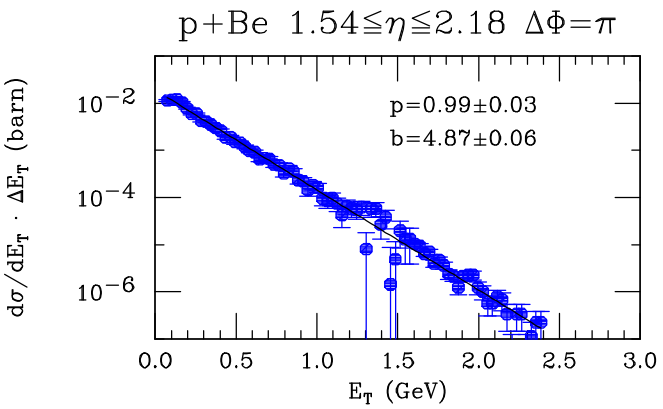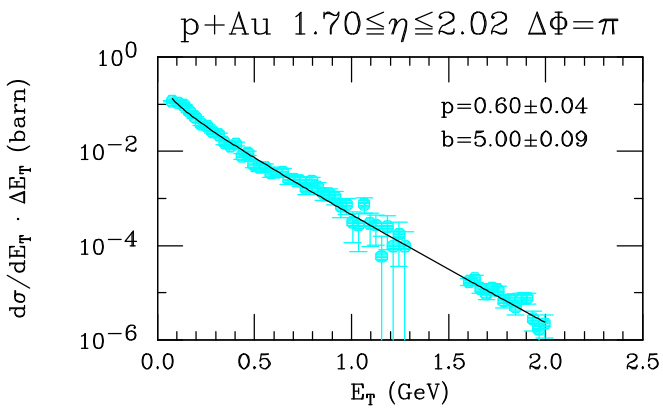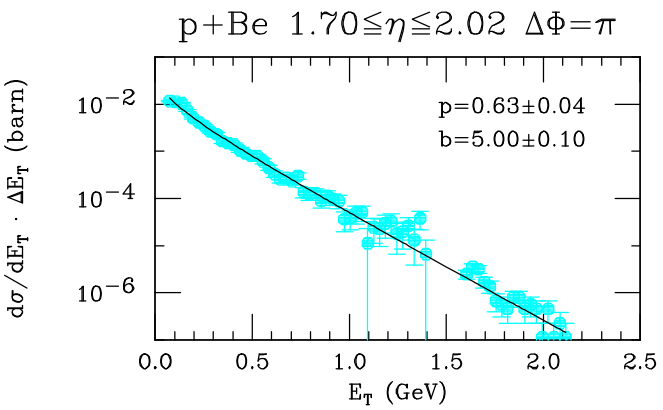p+A vs $\Delta\eta$