

REVISION CONTROL SHEET

LETTER	DESCRIPTION	DATE	AUTHOR	APPROVED BY	CURRENT OVERSIGHT
A	First Issue (Created from vertical lift toolbox training put together ~2000)	4/2/2007	n/a	<Draft>	Don

DATE:	INSTRUCTOR:
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Discussion Item/Topic: Inspection and Wearing of a Full Body Harness.
Body Harness shall be worn when working on elevated surfaces over 6 feet that do not have a protective railing, manlifts and bucket trucks are also included.

Before wearing any Personal Protective Equipment in this case a Full Body Harness inspect it for

- cracks, nicks, distortion or corrosion of hardware
- loose stitching, broken threads or burns
- loose or worn rivets
- worn materials
- spring tension on locking snap hooks
- properly shaped and sized hardware connecting devices.

Note: the inspection tags must be up-to-date before use.

Then

Become familiar with the different parts of the body harness.

- A. Front and or Back D ring(s),
- B. Waist belt and adjusters
- C. Shoulder and or chest straps, buckle and adjusters
- D. Leg straps, buckle and adjusters.



